

EMERGENCY POCKET

- Medication (aspirin, allergy pills, cough drops, bee sting treatment, etc)
- Tweezers
- Small sewing kit
- Nail Glue, file, clippers, small scissors, cuticle oil or **Extra Emollient Night Cream**, clear Top Coat
- Feminine products
- Lint roller
- Deodorant
- **Hand Cream**

- Travel-size Hair Products: hair spray, pomade, gel, mouse, brush/comb
- Toothbrush, tooth paste, dental floss/picks
- Breath mints, mouth wash
- Tissues
- First aid: band-aids, Neosporin
- Eye drops
- **Satin Lips Lip Balm**
- **Sunscreen**
- Tide Pen or Shout Wipes
- Baby Wipes

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ORDER OF APPLICATION

MORNING & NIGHT ROUTINE:

1. **Oil Free Eye Makeup Remover** (saturate 2 cotton pads and gently hold on eye area for 10-20 seconds then wipe away)
2. **CLEANSE** Gently massage the product upward and outward then rinse or remove with a warm damp washcloth.
3. **SUPPLEMENTS** (see right column)
4. **MOISTURIZE** Gently massage appropriate **Moisturizer** for your skin type in an upward and outward motion avoiding the eye area.
5. **PROTECT:**
If you need a little extra 'DRY SKIN Therapy', at night you can substitute your Moisturizer for **Moisture Renewal Gel Mask** and leave on while you sleep for an extra boost of moisture, or add **Oil Free Hydrating Gel, Intense Moisturizing Cream, or Extra Emollient Night Cream.**

SUPPLEMENTS:

- **EXFOLIATE: Even Complexion Mask, Moisture Renewal Gel Mask** (leave on 10 minutes then rinse off), or **Micro-Dermabrasion Set-Step 1 Refine then Step 2 Replenish** (if using Micro-D, no freshen step needed)
- **Satin Lips** (Mask then Balm)
- **FRESHEN:** Apply product to cotton pad and gently wipe the face avoiding the eye area.
- **Clear Proof Pore Purifying Serum and/or Acne Treatment Gel**
- **Even Complexion Dark Spot Reducer, Replenishing Serum-C or TW Repair Volu-Firm Lifting Serum**
- **Even Complexion Essence**
- **Day Solution or Night Solution** (depending on morning or night)
- **TW Night Restore & Recover Complex**
- **Oil Mattifier**
- **Eye Products**

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